



Using Music Therapy with Clients

BE A PART OF MAKING
A DIFFERENCE!

When?
Coming Soon!

What?
Using Music Therapy
with Clients
6.0 Clockwork Hours

Where?
Brighter Tomorrows
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*Brighter Tomorrows Consulting
Presents:*

Come learn the art of incorporating music therapy into the play room setting. Music Therapy a clinical, evidence-based, research-driven intervention designed to incorporate the psychodynamic principles of music as one of our universal languages. Music therapy allows the clinician to operate from an integrative theoretical orientation, focusing primarily on psychodynamic and cognitive-behavioral frameworks. The use of music therapy allows clients to access deep emotional issues as a venue to accomplish individualized goals within a therapeutic relationship.

Music Therapy is an established modality that can be used within a therapeutic relationship to address physical, emotional, cognitive, and psychosocial needs of clients. The use of music therapy can include creating, singing, moving to, and/or listening to music. Music therapy is particularly effective in providing communication for clients who find it difficult to express themselves in words. Research in music therapy supports its effectiveness in areas such as, motivation, emotional self-regulation, family/relational support, conflict resolution, and communication skills.

Facilitated By:
Shannon M. Eller, LPC, LMFT, CPCS, CCS, RPT, CCAADC, CCDP-D, AAMFT
Approved Supervisor

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